



JULY 2018



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Happy Summer! Here's what's happening here at LPL this month!

Luau's AND Field Trips . . .are only a part of our busy LPL July schedule! Make sure you look at your centers July calendar for more information on the fun events scheduled for your school.

We wish all our families a safe and happy Independence Day. **We will be closed on Wednesday, July 4th** to celebrate with our families.

Our thanks to all our Dads who attended our **Father's Day socials** and balloon release; **YOU ARE AWESOME!!!**

Our annual parent appreciation Luau's or waterpark events are scheduled and these are another one of our LPL activities you won't want to miss.

Our **LOVELAND AND FORT COLLINS LPL schools** will enjoy a Luau, games and a fun-filled evening at Spring Canyon Park on Tuesday, July 12th at 7:00 p.m. LPL will provide the sub sandwiches and drinks. We ask parents to bring a side dish (fruit, veggies, chips, etc).

Our **LOUISVILLE AND ARVADA LPL'S** will celebrate their families at **Broomfield Bay** on Wednesday, July 11th from 6:00 p.m. to 8:00 p.m. LPL reserves the waterpark for our exclusive use so this **is** a very special evening as the park will not be crowded; only our families will have use of the waterpark. LPL will provide sub sandwiches and we ask our families to bring a finger-food side.

Our **PARKER, ROXBOROUGH, LITTLETON AND HIGHLANDS RANCH LPL'S** will enjoy Pirate's Cove on Friday, July 27th from 6:30 to 8:30 p.m. Once again, LPL has rented the entire park for the evening so mark your calendar for some great waterpark fun. LPL will supply the sub sandwiches and we ask that parents bring a finger-food side dish. This is our sixth year at Pirate's Cove and this is always an off-the-charts fun-filled evening. Like last year we had to schedule on a **FRIDAY** , so mark your calendar now and join us for fantastic fun!

Day Camp will be floating down the Platte for their annual rafting trip on Wednesday, July 18th & 19th . Please remember that this is a Class I river with one Class II rapid, so this is truly more of a "float" than rafting, but the kids have a totally amazing day on the river. If you have any questions, speak to your center Director. This event is absolutely one of the highlights of summer!

As summer camp starts to come to an end **Day Camp will make the annual trip to Water World on August 1st.** This is an additional cost field trip so make sure you sign up early for this event. Water World is always a favorite for all the day campers! We get to the park early and stay a little longer so the kids can get a full day in at the water park!

CAMPOUTS are coming to each of our schools the end of July and first part of August. All children (potty-trained only, please) are invited to join their friends for an overnight camping sleep-over under the stars. Parents provide sleeping bag, pillow and pajamas and LPL provides tents, fire pit, s'mores, hot dogs (dinner), breakfast the following morning, and tons of fun!! Please check with your center Director for date, time and cost.

Have a safe and wonderful holiday from all of us here at Little People's Landing!



Hilarious Tweets From Parents:

Me: I think I ate too much

4 year old: Yeah but not just today.

Never and I mean NEVER make eye contact with a child on the verge of falling asleep. They will sense your excitement and abort mission!

Before having a kid the most important thing to ask yourself is "Am I ready to watch the exact same cartoon on repeat for the next 4 years?"

Currently helping my son search for his chocolate I ate last night.

Okay mom and dad, you have decided that your tween or teen is old enough to handle the responsibility of having their own cell phone. You have laid down the rules, decided how much data you will permit, and feel that your child will abide by your wishes. But there's something that we need to seriously talk about here – **cell phone etiquette**.

We provide phones to our teens so that we have an extra added measure of safety for them, we can reach them when we need to, our teen drivers can have GPS and a way to call if there is an issue with the car and overall we feel better knowing that they have the phone.

However, there is an area we are overlooking here. If you go into any store, gas station, restaurant or public establishment you are likely to see the issue. Teens (and adults for that matter) have no manners when it comes to their phones. There is a level of etiquette that seems to have skipped over the digital age and though we would not be outright rude purposefully, the lack of etiquette with our phone usage shows that we have a long way to go. This isn't the first time I've talked about cell phones. You can check out my [Guidelines for Technology](#) (which includes the Cell Phone Contract).

Let me share with you a few specifics to teach your children so that they can master cell phone etiquette.

1. The person in front of you takes precedence over the person on the phone.

That means if you are standing in line at a store and you are taking a call, you should end the call when you get to the register. You are face to face with a real live person who is asking you questions ("Did you find what you needed? Do you want paper or plastic? Etc). It is completely rude to keep jabbering on and simply nodding in the direction of the cashier.

2. Eye contact is necessary when speaking to someone.

If your child texts as well as most, they become masters at multitasking and texting while talking. Our children should know that if you, or someone else, is talking to them it is considered rude to not make eye contact and give the person in front of them a more prominent place than the inanimate object in their lap.

3. No one wants to hear your gossip or relationship issues in public.

Keep private matters private. No one wants to be standing in line next to you and hear you argue with a friend or boyfriend/girlfriend. Also, no stranger wants to hear what so-and-so wore to the dance. Keep your personal conversations as such and don't have them in public places.

4. Your phone should be on silent when in public places

Do not go to the movies with your cell phone on full blast, do not go to the library with your cell phone volume up, not a museum, not a job interview, nope, turn it to vibrate and ignore it if you are speaking with another human being.

5. Your phone is not the only entertainment available

When out with friends, look up, look around, and interact with them. All too often you can witness a group of teenagers standing around and instead of interacting with one and other, they are all scrolling social media. When you are with others, be with others, when you are home and bored, scroll away.

Just having the conversation and modeling good behavior with our phones is often the best way to ensure that our teens get an etiquette lesson on phone usage. Explaining that not giving your full attention to the person in front of you is one of the cardinal sins of ill etiquette may help too. Have the conversation mom and dad, make sure you are modeling the behavior and we can all turn this tide of lackluster etiquette we see every day.

Bike-A Thon for MS was a great success! The weather was great and the kids had so much fun! We are still collecting donations and pledges, so if you have not turned yours in, please hurry! Next month we will have the final tally on what we raised for this great charity. Thank you all!

*An easy way to donate is to **log on to www.nationalmssociety.org**
Click support a team or event.
Type LPL Clippers in the team name box.
Click find a participant.
Click donate now.
Complete donation information.*



Bear Beach Party Parfaits

Ingredients

- 3 pkgs. berry blue Jell-o
- 1 pkg. instant vanilla pudding
- 1 container of Cool Whip
- 1 box of Vanilla Wafers (to be crushed and used as sand).
- 1 box of Teddy Grahams
- 1 bag of round red and white candy (peppermint or cherry)
- 1 pkg. of Zebra Stripe gum (use as beach towel).
- 1 box of mini umbrellas.
- Clear plastic cups



Draw a face

SWEET SANDALS

Ingredients

Oval-shaped cookies, Frosting, Sour gummy worms, Rope licorice, Gummy candy

Instructions

To make a pair, frost two oval-shaped cookies or use a toothpick to dab frosting on each cookie where the straps will be attached.

For wide straps, snip the rounded ends from a sour gummy worm, cut it in half, and slice each half lengthwise, leaving one end intact. For thin straps, cut rope licorice into four 1-3/4 pieces, cut one end of each piece on an angle, and pinch together the pointed ends to form two pairs. Press the straps, connected ends first, into the frosting. Use more frosting to add gummy candy jewels. Let the cookies set for 20 minutes.

Serve them on a dish towel spread on a beach of graham cracker crumbs.



Instructions

1. Prepare Jell-o and pudding according to directions and cool completely.
1. Crush Vanilla Wafers.
2. Layer Jell-o, Cool Whip, and pudding in a clear plastic cup.
3. Sprinkle on crushed vanilla wafers, and decorate the top with Teddy Grahams, gum, and candy.
- 4.



July Thematic Curriculum

Weekly Themes: Stars and Stripes

- Independence Day is July 4, 1776 which celebrates the adoption of the Declaration of Independence.
- Symbols include our flag, Liberty Bell, and the Statue of Liberty.
- Red/White/Blue are our patriotic colors.
- Fireworks: Safe and fun.



Weekly Themes: Flags/International Differences

- It is ok to be different.
- Even though we are different, we are really the same.
- Not everyone in the world lives like we do in America.
- Flags Identify countries, states and organizations.
- Flag Day is June 14.
- Our Flag is representing our country and should be respected.
- The thirteen red and white stripes represent our original thirteen colonies.



Weekly Themes: Hawaii

- Where is Hawaii and how is it different from Colorado?
- What are volcanoes and how do they affect Hawaii?
- Hawaii is our 50th state.
- May 1st is Lei Day.
- Luaus are traditional feasts.
- Hula is a traditional dance.



Weekly Themes: Undersea World

- Which animals breathe under water.
- Which animals have their babies under water and which ones don't.
- Which fish eat other fish.
- Starfish, anemones, crabs, & lobsters all live under the sea.



Why we ...

WHY WE HAVE AN ANNUAL BAR-B-QUE/ WATER PARK PARTY

It has been a tradition since we started the company in 1982 to have an annual "get together" to say, "thank you", to all of our parents for giving us the opportunity to care for their children while they are at work. We have selected a Hawaiian Luau theme because it is festive and the children enjoy making leis and grass skirts to wear during the luau, and learning about Hawaii. If available locally we rent a water park for an evening and invite our parents to come and spend an evening enjoying good food and swimming and playing at a water park.



We always furnish the main course (normally barbecued chicken), potato salad dessert and drinks or "sub sandwiches" at the water park. We ask the parents to bring a salad or side dish. It is a good time for parents to get to know the staff, meet other parents and for the staff to meet both parents, (in most cases one parent drops off and picks up their children).

Everyone enjoys swimming, playing the games, eating a great meal, and interacting with staff and the other parents.

...HAVE A CAMP OUT AND FISHING TRIP



We know with the busy lifestyles our parents have, it is not always convenient for them to take the time to go camping or fishing. Additionally, we realize that not all of our parents enjoy these kinds of activities. We believe that a well

rounded summer experience for the children includes camping and fishing. It is an interesting learning experience for everyone involved. (Most of our staff learned to fish at LPL!)



IN THE SHADES

Sunglasses provide more than glamour. They protect your eyes from harmful ultraviolet (UV) rays and help prevent cataracts and macular degeneration. They also protect the skin around your eyes from irritation and wrinkling. While your eyes are particularly vulnerable in high altitudes or near water, the Better Vision Institute recommends wearing sunglasses whenever you are outside. It's important to remember that expensive shades aren't necessarily better shades. UV protection comes from a chemical coating applied to the surface of the lens, not from fancy frames, and dark lenses aren't enough. Look for an American National Standards Institute (ANSI) label that guarantees the lenses block 99 percent to 100 percent of all UV light. Here is how to choose your sunglasses:

Purchase a comfortable pair in a style that you'll be likely to wear.

Check lenses for imperfections: Hold the sunglasses at arms length and look at a horizontal line in the distance. Move the glasses slowly back and forth. If the line looks wavy, the lenses have imperfections.

Choose polarized gray-tinted lenses for reflected glare, wrap-around lenses for multi-angle protection, and darker lenses for activities on water, sand, or snow.

Look for shatter-resistant, polycarbonate sunglasses to protect children's eyes.

HOT ENOUGH FOR YOU?

A little common sense will get you safely through the dog days of summer.

Under normal circumstances, your body's internal thermostat does a pretty good job of keeping you comfortable. When the temperature climbs, your natural air conditioner kicks in, producing perspiration that evaporates and cools you. But if you're exposed to extreme heat for prolonged periods, especially on days with high humidity and little breeze, evaporation is slowed and your body must work extra hard to maintain a normal temperature.

The official government designation of an *extreme heat* condition is applied when temperatures hover 10 degrees or more above the average high temperature for a period of several weeks, but you'll feel it long before the TV news announcement. Everyone wilts under a heat wave, but young children, elderly people, overweight people, and people with chronic illnesses suffer most. For a healthy, fun-filled summer, make hot-weather safety a priority this year. Use common sense and plan ahead.

Heat-proof your home. Make sure window air conditioners are installed snugly and are fully insulated. Use a circulating or box fan to spread the cool air between rooms, and vacuum air-conditioner filters weekly during periods of high use. To keep the cool in and the heat out, weather-strip doors and window sills and leave storm windows in place. Hang draperies on windows that receive direct sun.

Adopt hot-weather habits. Drink plenty of water to prevent dehydration, don't wait until you're thirsty. Use sunscreen with a high SPF rating, and reduce, eliminate, or reschedule strenuous activities. Stay in the air-conditioned indoors as much as possible, and avoid hot foods, heavy meals, and alcohol.

What is Parent's Night Out?

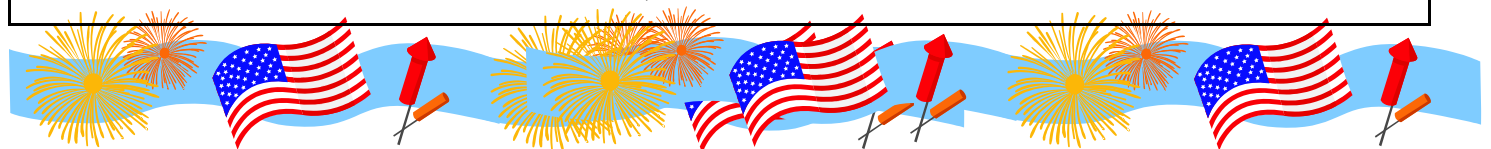
Parent's Night Out is a baby sitting service that Little Peoples Landing offers to all parents even if they do not have children enrolled with us. Parents can enjoy a night out for some adult time. They will feel secure knowing that their children are well taken care of and having fun with professional child care experts.

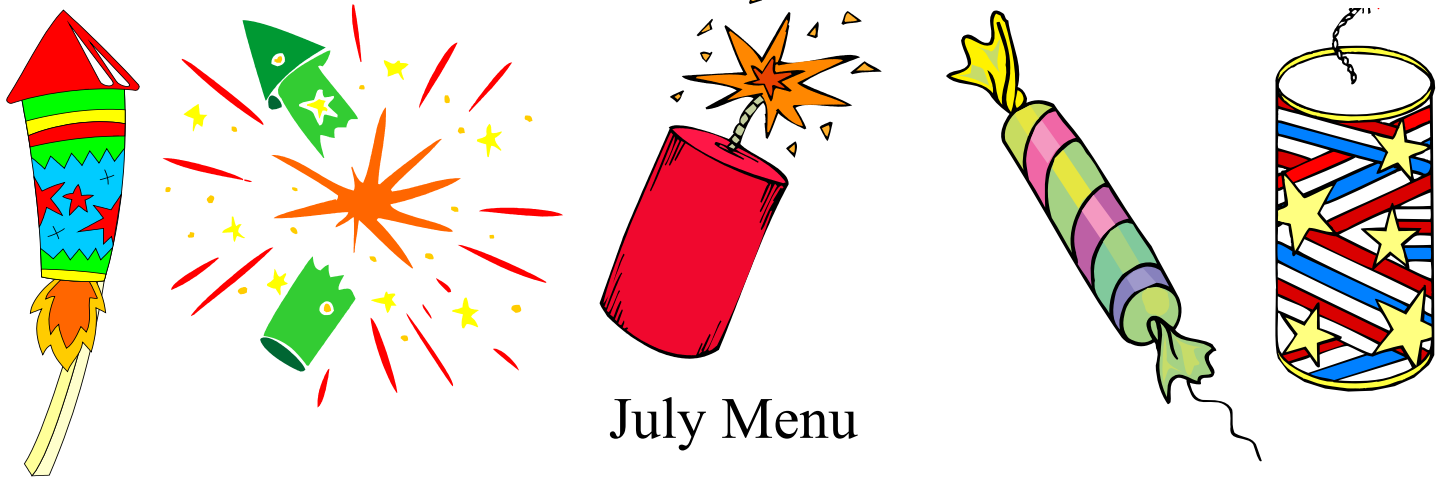
The PNO is theme based and similar to a child's birthday party with food, game and craft activities. The theme is different each month for a variety of fun!

Each school offers this service one Saturday night per month. Pick from any location. Dinner is included.

Parents Night Out for July

| Date | Time | Location | Theme | Phone | Phone |
|---|-------------------------|---------------------|----------------------|---|--------------|
| 7/21 | 5:00 p.m. to Midnight | Littleton #01 | Drive In Movie Night | 8305 S. Wadsworth @ Chatfield South/West Corner | 303-973-1926 |
| 7/14 | 5:00 p.m. to Midnight | Arvada #05 | Magical Illusion | 7885 Allison Way South of 80th & West of Wadsworth | 303-422-9157 |
| 7/28 | 5:00 p.m. to Midnight | Ft. Collins #06 | Drive In Movie Night | 4525 Boardwalk @ Harmony North/West Corner | 970-266-1230 |
| 7/14 | 5:00 p.m. to 11:00 p.m. | Highlands Ranch #08 | Magical Illusion | 122 Plaza Drive (South of AMC Theaters) Broadway & C470 | 720-344-1804 |
| 7/14 | 5:00 p.m. to Midnight | Loveland #09 | Magical Illusion | 6606 Avondale @ Trilby South/East Corner | 970-225-2936 |
| 7/7 | 5:00 p.m. to Midnight | Roxborough #10 | Magical Illusion | 10127 Waterton Rd @ Rampart Range Rd North/West Corner | 303-794-6858 |
| 7/28 | 5:00 p.m. to Midnight | Louisville #11 | Drive In Movie Night | 205 Century Circle (McCaslin/Century Dr) | 303-604-4440 |
| 7/28 | 5:00 p.m. to Midnight | Parker #12 | Drive In Movie Night | 16808 Village Center Drive. Lincoln and Jordan | 303-841-4313 |
| <p>Open to the public: 1st Child— Public \$10.00/hr. Enrolled \$7.00/hr. 2nd Child—Public \$7.00/hr. Enrolled \$5.00/hr. 3+ Children—Public \$5.00/hr. for each additional child</p> | | | | | |





July Menu

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|---|--|---|
| 2 Am- Bananas & Toast Fish Fillets, Rice & Carrots, Peaches, Milk Pm- Crackers & String Cheese | 3 Am- Banana Bread & Cheese Italian Pasta, Mixed Veggies, Oranges Breadsticks, Milk Pm- Goldfish & Cucumbers | 4 CLOSED FOR INDEPEDENCE DAY | 5 Am- Raisin Toast & Cottage Cheese Chicken & Rice, Fresh Fruit, Peas, Milk Pm- Granola Bars & Apple Sauce | 6 Am- Graham crackers & Yogurt Chef's Choice Pm- Snack Mix & Fresh Veggies |
| 9 Am- Cereal mix & Pineapple Bean Burritos, Corn, Mandarin Oranges, Milk Pm- Pretzels & Raisins | 10 Am- Corn bread & Cheese BBQ Chicken, Rolls, Peas, Applesauce, Milk Pm- Yogurt & Granola | 11 Am- Goldfish & Bananas Mac & Cheese w/ham, Mixed Veggies, Fresh Fruit, Milk Pm- Vanilla wafers & Oranges | 12 Am- Muffins & Apples Sloppy Joes, Green Beans, Fruit Cocktail Milk Pm- Wheat thins & fresh veggies | 13 Am- Cinnamon toast & peaches Chef's Choice Pm- Crackers & Cheese Cubes |
| 16 Am- French toast & mandarin oranges Hoagie Sandwich, Vegetable Soup, Bananas, Milk Pm- Ritz Crackers & Carrots w/ dip | 17 Am- Muffins & Raisins Cheese Tortellini w/ Parmesan cheese, Salad, Apples, Milk Pm- Yogurt w/granola & fruit | 18 Am- Bagels & Fruit cocktail Tator Tot Casserole, Bananas, Biscuits, Milk Pm- Goldfish & oranges | 19 Am- String Cheese & Crackers Chili Mac, Corn, Pears, Milk Pm- Pretzels & applesauce | 20 Am- Yogurt & Granola Chef's Choice Pm- Snack mix & Cucumbers |
| 23 Am- Cottage Cheese & peaches Spaghetti w/ meat sauce, Green Beans Pineapple, Milk Pm- Cinnamon Toast & Pears | 24 Am- Blueberry Muffins & Yogurt Grilled Cheese, Tomato Soup, Fresh Fruit, Milk Pm- String Cheese & Cucumbers | 25 Am- English muffins & mandarin oranges French Toast, Turkey Sausage, Hash browns Apple Sauce, Milk Pm- Saltines & Celery w/ cream cheese | 26 Am- Apple biscuits & fruit cocktail Mini Cheese Pizzas, Salad w/ Ranch, Oranges, Milk Pm- Beary good snack mix & Carrots w/ dip | 27 Am- Graham crackers & Apples Chef's Choice Pm- Vanilla wafers & Cheese Cubes |
| 30 Am- Animal Crackers & Fruit Porcupine Meatballs, Mixed Veggies, Breadsticks, Pineapple Milk Pm- Graham crackers & pears | 31 Am- Banana Bread & Cheese Tuna Noodle Casserole Peas, Fresh Fruit, Milk Pm- Crackers & Cucumbers | | | |